

# Pacific Swim Weekly

Weekly newsletter July 19, 2010 – Please visit [www.psswim.com](http://www.psswim.com) for all team information

The **A/B Long Course Meet** this weekend will be at the JCC pool in La Jolla. **Santana** family will take all tarps. **Rogers and Rosenthal** families should each return two tarps on Sunday after the meet. We hope to have a timeline with warm-up assignments for the team by Thursday.

**Summer Swim Team** will be competing again this Saturday. The West teams (**Westview, Doubletree, Frog's and 4S Ranch**) will swim at Helix HS with warm up at 8:30am. The East teams (**Rancho Arbolitos and Baker**) will swim at Frog's Fitness with warm up at 10:30am. See your coaches for more information. Anyone who ordered Swim Team t-shirts, they are here at Rancho Arbolitos and available for collection.

**The JO MAXX meet** is coming up on August 6-8. Please note that any swimmers with 6 or more JO times cannot compete at this meet. Those with JO times in any event cannot compete in that event.

**Championship Dinner on Wednesday, July 18:** This dinner is for all swimmers with JO and Sectional time standards and their families. The dinner will be at Rancho Arbolitos at 6:30pm, and will be a potluck dinner. You should bring your swimmers FAVORITE dish, with enough to feed 10 people. **Last Name A-P a savory dish, Last Name Q-Z a dessert.**

**JO's Meet dates:** August 19<sup>th</sup> to 22<sup>nd</sup>. Please note that if you have a valid JO cut we are expecting you to participate in the JO meet. If you are going to be unavailable during the JO meet, please email [gary@pacificswim.com](mailto:gary@pacificswim.com) so we know you are not participating, and we can avoid placing you on our team relays.

## **IMPORTANT REMINDER REGARDING MEET ENTRIES**

We need to remind and clarify with all of our team members our policy regarding refunds for entered meets. PS will not refund or credit any member of the team that signs up to attend a meet and can not attend or does not attend. Once the meet entries are finalized we pre-pay for all of our swimmers with the host team. The host team does not and will never allow for refunds. Therefore we do not grant refunds. If your Coach signs you up to attend a meet then it is the responsibility of the Parents and swimmer to make sure they can attend. Please make sure you are able to attend prior to completing your meet entry sign up.

**Information to help with your summer schedule:** Pacific Swim Competitive Groups (**Red, White, Silver, Green and Blue**) will take a break from August 23 – September 7. **Gold Group** will take a break **June 13-19 and August 23-29**. **The Novice Groups** will take a break from **September 1-4<sup>th</sup>**.

**Save the Date for our Annual Awards Banquet!** Pacific Swim hosts an annual awards banquet each year, where all swimmers of every level are recognized for their achievements and accomplishments over the past year. The banquet is a great, fun event for everyone involved. This year it will be held on **Saturday, October 9** from **3:00-6:00pm at Poway Lake**. **Please save the date on your calendar for this fun event. Tickets will be sold at RA starting August 15<sup>th</sup>. You must pre-purchase a ticket to attend!**

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## Administration:

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### 2010 Pacific Swim LC Season Schedule for SI-Meets

All Entries should be done on-line at [www.psswim.com](http://www.psswim.com)

Late entries will be subject to a \$10.00 reprocessing fee if accepted.

DATE	MEET/EVENT	PS Entry Due	Host Team	PS MEET COST
July 23-25	AB All Ages (LC)	Monday July 12th	NCA	7.00/entry 3.00/event
Aug 5-8	Western Zone Senior Champ.	TBA	TBA	TBA
Aug 6-8	JO Max - North	Monday July 26th	ICAC	TBA
Aug 10-14	Western Zone Championships	TBA	TBA	TBA
Aug 19-22	2010 LC SI Junior Olympics	Monday August 9 <sup>th</sup>	SI	TBA
Sept 12th	La Jolla Rough Water Swim All entries done thru LJRWS.com			