

# Pacific Swim Weekly

Weekly newsletter July 26, 2010 – Please visit [www.psswim.com](http://www.psswim.com) for all team information

Please note that all entries for the JO Maxx meet must be done by Monday, July 26 at 8:00pm. Thank you!

**Summer Swim Team:** Well done to all the swimmers who competed this past weekend in the swim meets at Frog's and Helix HS. Many swimmers saw huge time drops in most of their events, and all the coaches are very proud of you! You all continue to improve and swim fast. We have another meet this Saturday, July 31. **All PS teams will swim at Poway Community Pool.** Warm-up is at 10:00am, and the meet will begin at 10:30am. *Any swimmers who are unable to participate in this meet, but would like to participate in the Championship Meet on August 6<sup>th</sup>, please turn in your meet cards to Rancho Arbolitos and note what events you would like to enter for the meet by Monday, August 2.*

**Summer Team Pictures are in!** Please collect your pictures and your team shirts at Rancho Arbolitos.

Congratulations to the Zone Team. This team will be traveling to San Jose to compete. The following swimmers will be competing from Pacific Swim: **Nguyen Hong, Kyle Mak, Justin Ferrell, Alexander Santana, Brendan Santana and Jun Bang.** Well done!

Our Senior swimmers competed at Sectionals in Los Angeles this past weekend and did exceptionally well. There were several team records broken, and many great swims. We will have a meet report within the next week.

**The JO MAXX meet** is coming up on August 6-8. Please note that any swimmers with 6 or more JO times cannot compete at this meet. Those with JO times in any event cannot compete in that event.

**JO's Meet dates:** August 19<sup>th</sup> to 22<sup>nd</sup>. Please note that if you have a valid JO cut we are expecting you to participate in the JO meet. If you are going to be unavailable during the JO meet, please email [gary@pacificswim.com](mailto:gary@pacificswim.com) so we know you are not participating, and we can avoid placing you on our team relays.

**Championship Dinner on Wednesday, August 18:** This dinner is for all swimmers with JO and Sectional time standards and their families. The dinner will be at Rancho Arbolitos at 6:30pm, and will be a potluck dinner. You should bring your swimmers FAVORITE dish, with enough to feed 10 people. **Last Name A-P a savory dish, Last Name Q-Z a dessert.**

### **IMPORTANT REMINDER REGARDING MEET ENTRIES**

We need to remind and clarify with all of our team members our policy regarding refunds for entered meets. PS will not refund or credit any member of the team that signs up to attend a meet and can not attend or does not attend. Once the meet entries are finalized we pre-pay for all of our swimmers with the host team. The host team does not and will never allow for refunds. Therefore we do not grant refunds. If your Coach signs you up to attend a meet then it is the responsibility of the Parents and swimmer to make sure they can attend. Please make sure you are able to attend prior to completing your meet entry sign up.

**Information to help with your summer schedule:** Pacific Swim Competitive Groups (**Red, White, Silver, Green and Blue**) will take a break from August 23 – September 7. **Gold Group** will take a break **June 13-19 and August 23-29.** The **Novice Groups** will take a break from **September 1-4<sup>th</sup>.**

**Save the Date for our Annual Awards Banquet!** Pacific Swim hosts an annual awards banquet each year, where all swimmers of every level are recognized for their achievements and accomplishments over the past year. The banquet is a great, fun event for everyone involved. This year it will be held on **Saturday, October 9** from **3:00-6:00pm at Poway Lake.** **Please save the date on your calendar for this fun event. Tickets will be sold at RA starting August 15<sup>th</sup>. You must pre-purchase a ticket to attend!**

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### 2010 Pacific Swim LC Season Schedule for SI-Meets

All Entries should be done on-line at [www.psswim.com](http://www.psswim.com)

Late entries will be subject to a \$10.00 reprocessing fee if accepted.

DATE	MEET/EVENT	PS Entry Due	Host Team	PS MEET COST
July 23-25	AB All Ages (LC)	Monday July 12th	NCA	7.00/entry 3.00/event
Aug 5-8	Western Zone Senior Champ.	TBA	TBA	TBA
Aug 6-8	JO Max - North	Monday July 26th	ICAC	TBA
Aug 10-14	Western Zone Championships	TBA	TBA	TBA
Aug 19-22	2010 LC SI Junior Olympics	Monday August 9 <sup>th</sup>	SI	TBA
Sept 12th	La Jolla Rough Water Swim All entries done thru LJRWS.com			